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USD Nurses' Honor Society Newsletter (1980 01.02)

Sigma Theta Tau. Zeta Mu Chapter (University of San Diego)

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USD NURSES' HONOR SOCIETY NEWSLETTER

VOLUME 1

FEBRUARY 1980

NUMBER 2

Dear Member,

We want to wish you all a "Happy 1980".

This issue contains committee assignments for new members and the names of committee chairmen.

We again urge members to become involved in the USD Honor Society Newsletter and submit their viewpoints on current nursing and honor society issues. We would enjoy hearing your opinions on the proposed speakers bureau, recruiting community members for the society, and topics for future educational programs.

It is also stimulating to be aware of the professional activities of our members. Please keep us informed of your new positions and roles.

Please address any contributions to:

University of San Diego
Nurses' Honor Society
Philip Y. Hahn School of Nursing
Alcala Park
San Diego, California 92110

Thank you.

Marybeth Koch, Chairman
Publicity Committee

WELCOME

Acting Dean of the School of Nursing
Professor Phoebe Lee

As most of you may know, Dr. Irene Palmer, Dean and Professor of the Philip Y. Hahn School of Nursing, will be leaving the University of San Diego on a well earned sabbatical, beginning January 30 and ending December 1, 1980.

Although Dr. Palmer will indeed be missed by all, we are most happy and proud to announce that her important and prestigious position will be held in her absence by our friend and faculty member, Professor Phoebe Lee.

Mrs. Lee has been a professor of nursing in the graduate program at the University of San Diego since 1977, sharing with us her expertise in infants and young children. She has taught many of the Family Health Nursing courses, as well as advising and counseling students in various nursing practicums and thesis projects. Mrs. Lee has never been too busy as an educator to ignore the human aspects of her warm approachable qualities. Her background is impressive in the world of academia as an educator, administrator and member of the nursing communities of California.

The following includes some of Mrs. Lee's impressive credits:
Bachelor of Science Degree-Stanford University, Palo Alto, California, 1949

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FACULTY NEWS, continued

Master of Science Degree, major in
Maternal-Child Nursing, University of
California, Los Angeles, 1959
1960-1963 - Assistant Professor of
Nursing in Maternity and Pediatrics,
San Diego State University
1963-1968 - Associate Professor of
Maternity-Pediatric Nursing, San
Diego State University
1968-1973 - Professor of Maternity
Nursing at San Diego State University
1971-1972 - Acting Director of
California State College, San Diego
1973-1979 - Chairman and Professor
of Nursing, Humboldt State College,
Arcata, California

Again, a warm welcome to Acting Dean
and Professor, Phoebe Lee. Our bless-
ings and cooperation are extended to
you as you guide us through a success-
ful, productive year.

Kathi Fortinash

New USD Faculty Member

Coretta Birkhead, R.N., M.S., Ed.D.

Dr. Birkhead's early life was spent in
Virginia. She originally received her
bachelor's degree in biology and chem-
istry and then decided to go into nurs-
ing. She obtained her bachelor's degree
from the Medical College of Virginia.
During her bachelor's program Dr. Birk-
head became interested in psychiatric
nursing. She started working in an
adolescent setting at that time and
continues to function as a clinical
specialist in psychiatric nursing.

Dr. Birkhead received her masters
degree in psychiatric nursing from
Rutgers University and her doctoral
degree from Boston University.

Dr. Birkhead's interests are in
interpersonal theory and existential
philosophy. She enjoys camping and
studying the taxonomy of wildflowers.

MEMBER NEWS

Karen K. Zappone has been elected
President of the Board of the East
County Community Clinic

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REPORT: FALL EDUCATIONAL CONFERENCE

The USD Honor Society hosted a workshop,
"What Are We?", on December 1, 1979 at the
Hahn School of Nursing. The study day
ran from 8:00 am to 4 pm, with a luncheon
held at noon for twenty-one area nurses.
Presenting speakers were Dr. Sonya Herman,
R.N., D.N.Sc., Associate Professor and
Dr. Evelyn Anderson, R.N., Ph.D., Professor
of Nursing, both from the Philip Y. Hahn
School of Nursing.

The purpose of the workshop was to increase
the awareness of the need for nurses to
define their own role and to identify
factors in themselves and their work
areas which facilitate or inhibit role
definition. Emphasis on increased
awareness was stressed in order to en-
able nurses to progress towards taking
greater control of their work situations.

Dr. Anderson began the morning session
with a presentation on theories of role
and role definition. The participants
analyzed what categories of roles they
perceived they fell in when working.

Later in the morning, Dr. Herman presented
"Nurses and Autonomy", including an ex-
periential exercise. The nurses broke
into small groups and reflected on their
feelings involving crucial aspects of
their personal roles.

Following the luncheon, Dr. Anderson
presented an afternoon exercise in Role
Action. She identified areas in the
nurse's professional role that need
clarification and appropriate means to
achieve that clarity.

The program ended with a summary and
discussion of the role of the nurse.

Chris Trelease

* * * * *

GSNA Donates Funds

The USD Graduate Nurses Association
has generously given the Nurses Honor
Society \$500.00. We thank them for
their support.

OPINION

In an effort to increase the community's awareness of professional nursing, the USD Honor Society has an opportunity to recruit community members. The addition of nursing leaders in the community could assist the organization in realizing its goals. The community members could assist the organization in educating the public about the role of the professional nurse.

Recent legislative issues have illustrated the need for nurses to educate community of health professionals as well as consumers of nursing care. The public must be aware of the scientific advances in the nursing profession and the need for nurses to continue to be educated at a high level to maintain their expertise in the practice of nursing. Community members would also assist the students and faculty in acquiring clinical placement for USD nursing students. I encourage members to nominate nursing leaders in the community to the Nurses' Honor Society.

K. Zappone

NEW MEMBER COMMITTEE ASSIGNMENTS

FINANCE: Chairman: Chris Brown. Bonnie Brennan
 BY LAWS: Kathy Collins, Judy Busch, Carol Judkins (reassigned). Chairman: Louise Horna
 ELIGIBILITY: Mary Beth Akeman, Mary Middleton. Chairman: Anna Mae Eckstein
 PUBLICITY: Mary Both, Regina Micone, Lila Fillmore, Barbara O'Brien. Chairman: Marybeth Koch
 PROGRAM: Linda Nelson, Mary Caffery, Nolan Donovan, Alma Bustamente
 Chairman: Sue Gallop

NOTE: COMMITTEE CHAIRMEN

Committee chairmen are to write an annual report for the Spring Business meeting March 31. Guidelines for the report will be forwarded to chairman through the mail.

NEWSCalifornia Nurses Defeat SB 666

California nurses have united to defeat SB 666. The CNA including Region I publicized the bill in local papers. The CNA received support from nurses and consumers of nursing care.

Prior to the December 7 hearings in Los Angeles, San Diego nurses met at the San Diego AMTRAC station in force to support nurses traveling to Los Angeles for the hearing. The hearing was held in the Los Angeles County Supervisor's Chamber. Spokespersons on both sides of the issue presented testimony. Speakers included Joan Craigwell, R.N., M.S.N and Ophelia McDaniel's R.N., M.S.N., USD alumni, and Janet Blenner, Professor, USD. Articles regarding the bill were also published by Janet Blenner, Professor USD and Dr. Claire Guilino in the San Diego Union and the California Nurse.

The bill was defeated by a vote of five to two after the hearing.

The bill raised the consciousness of nurses and other health care professionals. The defeat also demonstrated the cohesiveness of the nursing community.

TO BE OR NOT TO BE.....

The first question we posed regarding the development of the Speaker's Bureau was whether or not this was a feasible or worthwhile activity. All 10 of the responses were positive and even enthusiastic. Reasons listed were- public education about nursing today; chances to see nurses speaking for themselves; good public relations for USD and the Honor Society, as well as nursing in general; a chance to address nursing issues with the public; community rapport and increasing prestige and recognition for nursing.

The major potential problems were seen as time constraints; more demand than we could handle; travel expenses; pressure on

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SPEAKER'S BUPEAU continued

individuals to cooperate in this area; "quality control", and finally, the logistics of implementation.

In regard to money, most thought there should be at least an honorarium, though responses ranged from "not necessarily" to "definitely a fee should be charged". Ideas for the disposition of this money varied widely also. All the respondents said they would be willing to participate and to give you an idea of the wealth of our members, areas of expertise listed were: Community Health Nursing; Nursing Today; Home Care; Health Awareness; Nursing Leadership; Extended Role of the Nurse; Graduate Education Publicity; Critical and Acute Care Nursing; Sexuality and the Disabled; Physical Assessment; Rehabilitative Nursing; Primary Nursing; Oncology Nursing; Hospice Movement; Nurse Managers; Sex Ed for Parents; Assertive Nurse; Relaxation; Stress Reduction; Rebirthing;

* * * * *

MARK YOUR CALENDAR

MARCH 31 Spring Meeting; Election of Officers; Nominating Committee

APRIL Next Newsletter

MAY Research Conference

SEPTEMBER 15 Fall Business meeting
Application for
Chartership

Nurses Honor Society
University of San Diego
Alcala Park
San Diego, California 92110

Interpersonal Communications; Genetic Counseling; Nursing Role in Genetics; Womens' Health/Female Sexuality enhancement, and finally-"my area is nursing- give me a checklist- I can't cope."

Thank you all for your input. Please continue to mull over your ideas in preparation for our next business meeting when we will take our first steps. And remember no problem is so big or complicated that it can't be run away from.

Pam Johnson

NOMINATIONS DUE

The offices of Vice President and Treasurer become vacant this spring. Over the next weeks you can expect a call for nominees. You may at that time suggest yourself or another member of the society for either office. The nominating committee will call all nominees for a confirmation of intent to run and will present all nominees to the membership for a vote at the next meeting. INCUMBENTS: C. Brown, Treasurer; S. Gollop, VP.

VP: Performs duties of Pres in absentia; Is program chairperson and fills vacated presidency until next election.
Treasurer: Custodian of funds and member of the finance committee.
All terms are for two years. Only members may be nominated.

MEMBER NEWS continued

Carolyn Cassels has been hired by Clairmont Community Hospital. She will assume the responsible position of Quality Assurance Coordinator January 28. Carolyn just received her M.S.N at USD. Congratulations! Carol Judkins has been accepted into the advanced program in psychiatric nursing at USD. She will begin in February. Best of luck to you, M. Carol.

